

# Biggest Fears

## WORKSHEET



*Project Monkey Mind*

### **Complete the following:**

- ▶ What are your biggest fears about your future committed relationship/marriage? Be specific. For example, that s/he will find out \_\_\_\_\_ and leave me. Why?
  
- ▶ What are your biggest fears about settling down with one person long-term? Be specific. For example, I am afraid that I will become too dependent on him/her. Why?
  
- ▶ What are your biggest fears about blending your finances with your future partner/spouse? Why?
  
- ▶ What are your biggest fears about parenting with your future partner/spouse? Why?