

WORKSHEET



# FEARLESS

HOW TO TURN FAILURE INTO  
SUCCESS BY DEVELOPING A  
*FEARLESS MINDSET*

# FEARLESS: WORKSHEET

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**Failure isn't final, but it can feel that way if you allow it.**

Failure has much to teach you if you're willing to accept it as a part of the success process. The most successful people have endured the most failure and are able to make the most of their failures. Everyone fails. Those that learn to manage it enjoy the greatest successes.

**Answer these questions to gain a better perspective of how the fear of failure can be managed and how fear can be beneficial.**

*Let's begin...*



1. What challenges in my life right now are caused by my fear of failure? What would I do if I weren't afraid of failure?

2. What is the worst that could happen if I failed? Have I actually suffered any lasting harm from my previous failures?

3. What are my three greatest failures? What can I learn from them?

4. Who are my three biggest heroes? What failures have they endured? Have I failed as much as they have?

5. What is something I can do to minimize the likelihood of failure?

6. Do I take my failures too personally? Why do I do that?

7. What can I do to be more optimistic in general?

8. How has my life been minimized by my failures? How big would my life be if I didn't allow failure to limit my behavior?